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SOUTHERN GIRLS ROCK & ROLL CAMP
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SOUTHERN GIRLS ROCK & ROLL CAMP 2007 GUIDEBOOK

MURFREESBORO, TN www.sgrrc.org

ZINE
SOUTHER
2007

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HAPPY BIRTHDAY, SGRRC!

The Southern Girls Rock & Roll Camp is half of a decade old. Half as old as some of you who will be attending this year.

When I started the program in 2003, I never imagined we'd come this far. Not because I doubted the potential of SGRRC, but because I was so excited about that first year that it was impossible to think beyond camp week and actually pulling it off. After the exhausting first run of the camp, a mother came up to me after the showcase still glowing from her daughter's performance and said, "she had a great time and is looking forward to coming back next year." And those words echoed in my head. "Next year? What is she talking about?"

I never thought there'd be two camps in two different cities, or that a whole nonprofit arts organization would be built around this program. I never thought we'd have such a fabulous Board of Directors or that I would get to work with so many interesting and amazing people.

Starting the camp in Memphis was like getting a chance to do it all over again and try it a little differently. It has been really fun and has opened up many opportunities for SGRRC. This year feels fresh and new like the first camp, but smoother and more sophisticated.

I never thought it would be this fulfilling to do administrative work. This year I learned accounting. I learned progress is slow, but steady and rewarding. This year I learned patience.

This year we received our determination letter from the IRS stating that YEAH (Youth Empowerment Through Arts & Humanities) is now a federally recognized tax-exempt organization. SGRRC is now elligible for grants and donations are tax deductible. To sum it up, we are too legit to quit. A corporation can live forever and I hope that 50 years from now we are still celebrating.

This year we began offering afterschool arts workshops year-round through the YCAC (Youth Culture & Arts Center). This year we moved into a bigger office. This August we will apply for our first grant. This August I will turn 24.

This year I started playing in a band again after unintentionally taking two years off to focus on SGRRC and school. I learned that it really is more fun playing in a band with girls, or at least people who are your friends first and your bandmates second.

I hope that you will stay in touch with SGRRC and the friends you meet here. Will you please send SGRRC a card on its 50th birthday?

Kelley Anderson
Founder, SGRRC

It is finally here, the Fifth Annual...

SOUTHERN GIRLS
Rock & Roll Camp!

Five years ago this adventure was only a dream for our Founder Kelley Anderson, but today we are celebrating our fifth year in Murfreesboro and our first year in Memphis. What a momentous occasion!

It is hard to think back to my life before camp; the friendships I have made and the experiences that have gained are immeasurable.

I want to take this opportunity to thank a few people. Kelley, without your imagination and perseverance we would not be where we are today. Thank you for being such a great leader and visionary. Anna, you have an amazing heart, and you are a great friend. Your managerial skills and strong sense of organization has helped us more than you know. Kelli, you are a wonderful volunteer and you made us feel like part of your family right off the bat. Thank you everything you do, both at camp and away. Nicole, I could not have done it without you this year. You are an amazing person who gives so much to so many. There are no words that could express how grateful I am for you.

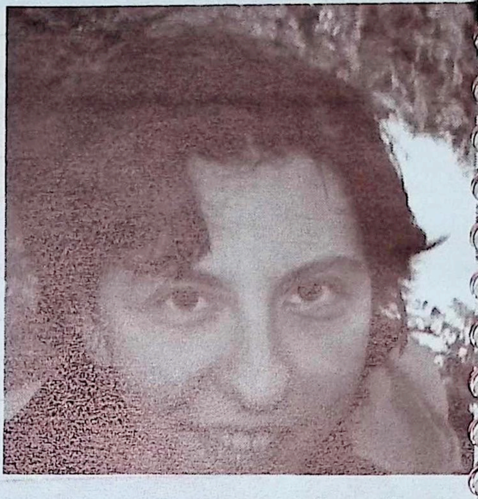
Rock Camp happens because of the great support from our community and the people in our lives who drive us. Many thanks to my husband, family and friends for all of your support and help.

Finally, I want to wish all of the 2007 Campers and Volunteers a great week, and spectacular showcase event!

Love,
Courtney

It is hard to believe that this is the 5th year of SOUTHERN GIRLS Rock & Roll Camp!

With each passing year we improve and create new ideas for the future.



Though looking forward is always a positive step to any process, it helps to reflect upon the past in order to understand the present.

My path began as a 19 year-old who moved away from home in search of a new life and a place where I could renew my interest in music.
So... I moved 10 hours from home to Murfreesboro, TN. I couldn't have picked a better and more random place.

About a semester later, I met a woman who would change my life- Kelley Anderson. We met at a Students for Environmental Action meeting, a group that I eventually would revitalize and partner with other student groups such as Women for Women, the group Kelley rebuilt. I did not know at the time that she would become one of my best friends or that her vision would become such an integral part of my life.

In 2003 the first Southern Girls Rock & Roll Camp was held at Middle Tennessee State University. Though I'm not a great guitar player, Kelley took a chance in making me the beginning guitar instructor and songwriting instructor. I had the honor of teaching with Beth Cameron from Forget Cassesttes and Amy Rigby, a songwriter I truly enjoy.

It was the summer of 2003 that would change my life forever and every other summer that changes the lives of my friends and community members.

In 2004 another woman came along. Little did I know that she also would teach me aspects of myself that I never imagined and become one of my best friends as well. Her name is Courtney Sharpe.

Through the past 5 years the camp has grown and we have grown as students, then professionals, and as individuals. All three of us are truly unique, but have the same goal of working together to create positive change in the lives of others.

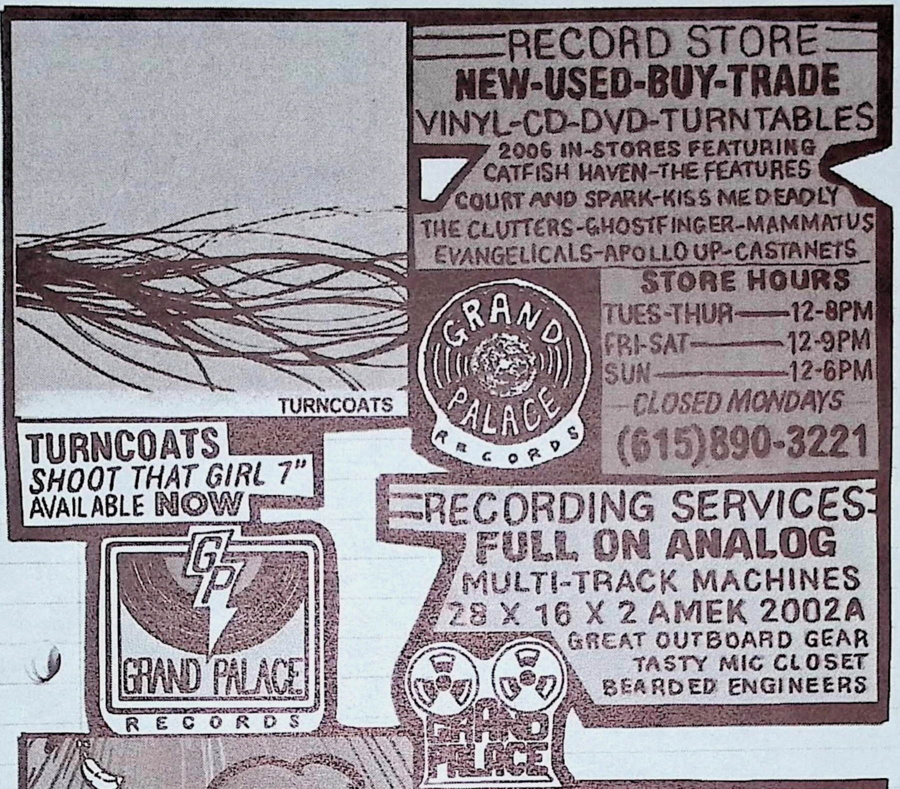
Not only through music and SGRRC, but through our actions as people. We all strive to set an example that is respectable while still maintaining character and having the time of our lives. It is my hope that we can instill the message that it is possible to really collaborate and work together.

In feminism and activism the idea of collaboration is often said, but hard to realize and stay true to. Working together has been a vehicle for change and has inspired others to be involved in their communities, which reminds us to continue doing so wherever you may be.

It is my hope that the Memphis and Murfreesboro Southern Girls Rock & Roll Camp inspire you as campers, as volunteers, and citizens to work towards change, to do what you love, and to enjoy music and that arts. For these things are our livelihood and forever imprint our history (or herstory) within our culture.

Everyday heroes and heroines are among us in the people we meet. I hope that these words empower you to become one of those heroes just as Kelley and Courtney have become to me.

Sincerely,
Anna Fitzgerald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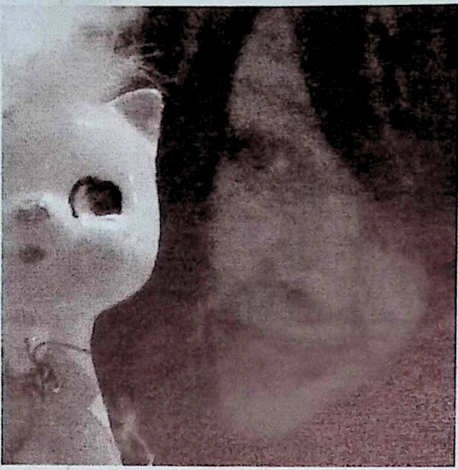
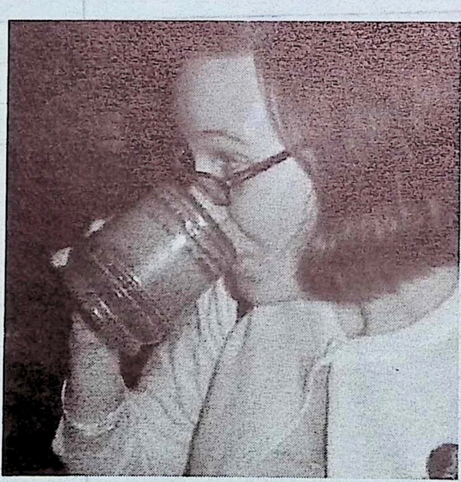


APRIL EUBANK

Hi. My name is April Eubank and I've been around for a little over 23 years. I go to MTSU where I will graduate soon with a major in Spanish. I love things like cookin', crafting', yard-salin', and pettin' various animals. Also, I could talk about "Saved by the Bell" for hours without ever feeling embarrassed.

More than any of those things, though, I love Southern Girls Rock and Roll Camp. Four years ago I somehow found myself at Tucker Theater on a Saturday night, waiting around to see some teenage girls play some songs they'd been working on all week. I was pretty interested in seeing the show, but I was in no way prepared for what you guys had in store for me. You know that feeling you get when you find 5 bucks on the street? Well, it was like that, but times 50. That's right, seeing my first SGRRC showcase was like finding exactly 250 dollars on the street. So the next year I knew I had to volunteer. So I did. And it was awesome. SGRRC campers are like the most famous celebrities I can think of.

This year I've been wading a little deeper into the camp's waters. I've been assisting the lovely Anna with all things volunteers. Learning more about how camp comes together has really been an amazing experience. Just take my word for it: next time you see Kelley, Anna or Courtney give them a big hug or thank you or a dollar or something. Those ladies really are the coolest.



NICOLE TEKULVE

It makes me extremely happy to be spending my third summer in a row with SGRRC. After attending the 2004 showcase, I decided that I had to be involved with this amazing group. I signed up to volunteer the next year and jumped into leading the DIY Arts and Crafts workshop. Since then I have been involved in the Music HERstory workshop and served as the Assistant Camper Coordinator. I am constantly amazed by the creativity, dedication, and drive exhibited by those involved with camp. It is truely inspiring to see others give their time to such a worthy cause. I can only hope that more and more people are inspired like I was to get involved with this amazing group.

TEXTBOOK

·BROKERS·

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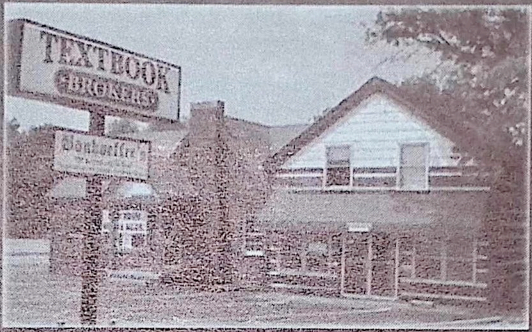
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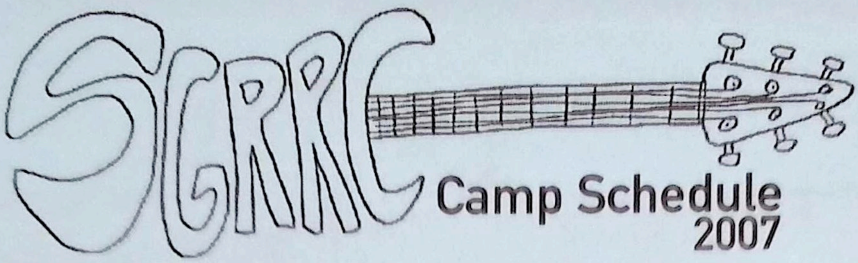


Camp Schedule
2007

MONDAY thru FRIDAY	
8:30 - 9:00	Registration
9:00 - 9:15	Morning Assembly
9:20 - 9:50	Guest Artist Performance
	10 MINUTE BREAK
10:00 - 10:30	Panels
	15 MINUTE BREAK
10:45 - 12:15	Workshops
12:15- 1:15	Lunch
	15 MINUTE BREAK
1:30 - 3:30	Instrument Instrution
	15 MINUTE BREAK
3:45 - 5:45	Band Practice
5:45 - 6:00	Clean Up/Camper Pick Up

*friday only: 6:00 -7:00 graduation & reception

camper showcase: saturday july 21st

10:00 - 12:00 optional rehearsal time
12:00 - 2:00 gear load out
1:00 - 5:00 sound check
6:00 doors open
7:00 show starts!

SGRRC camper guidelines

Respect each other. Be sensitive to differences in backgrounds, cultures, and values. Avoid being offensive with comments, tone, and gestures. Be aware that there is a big difference between 10 and 17 years of age.

Respect everyone's differences in race, ethnicity, physical ability, size, class, and sexuality. No racist, homophobic, or otherwise discriminatory comments. Bullying or name calling will not be tolerated.

Respect volunteers. Camp volunteers provide their time and energy to make camp an awesome event for you. Follow instructions from all staff and be kind and respectful to them.

Respect all instruments, equipment, and property. Camp equipment is donated for your use during the week. Please use it properly and treat it carefully.

No smoking. No drugs or alcohol. No violence.

Turn off cell phones and beepers in classes, workshops, and panels.

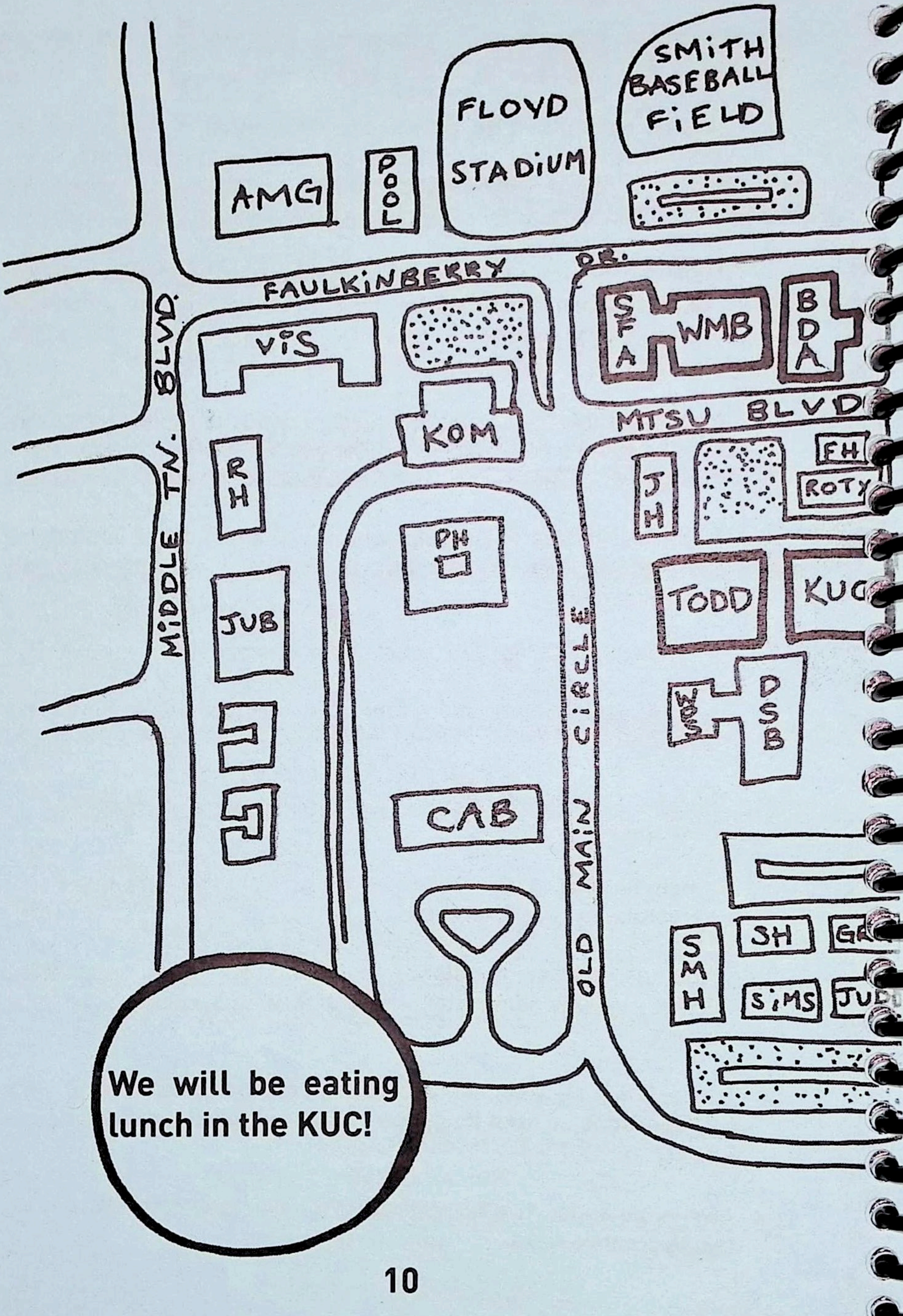
The ratio is two adults per group of campers. Never be alone with a volunteer.

Remember that MTSU is open to the public - campers must stay with volunteers and in groups.

If you need medical assistance, let a volunteer know immediately. SGRRC can only administer medication that is approved by your parents.

Camp directors, staff, and volunteers are here to help. If you have any questions or need help, don't be afraid to ask or let someone know!

Always be supportive of each other's musical efforts! We are all taking creative risks.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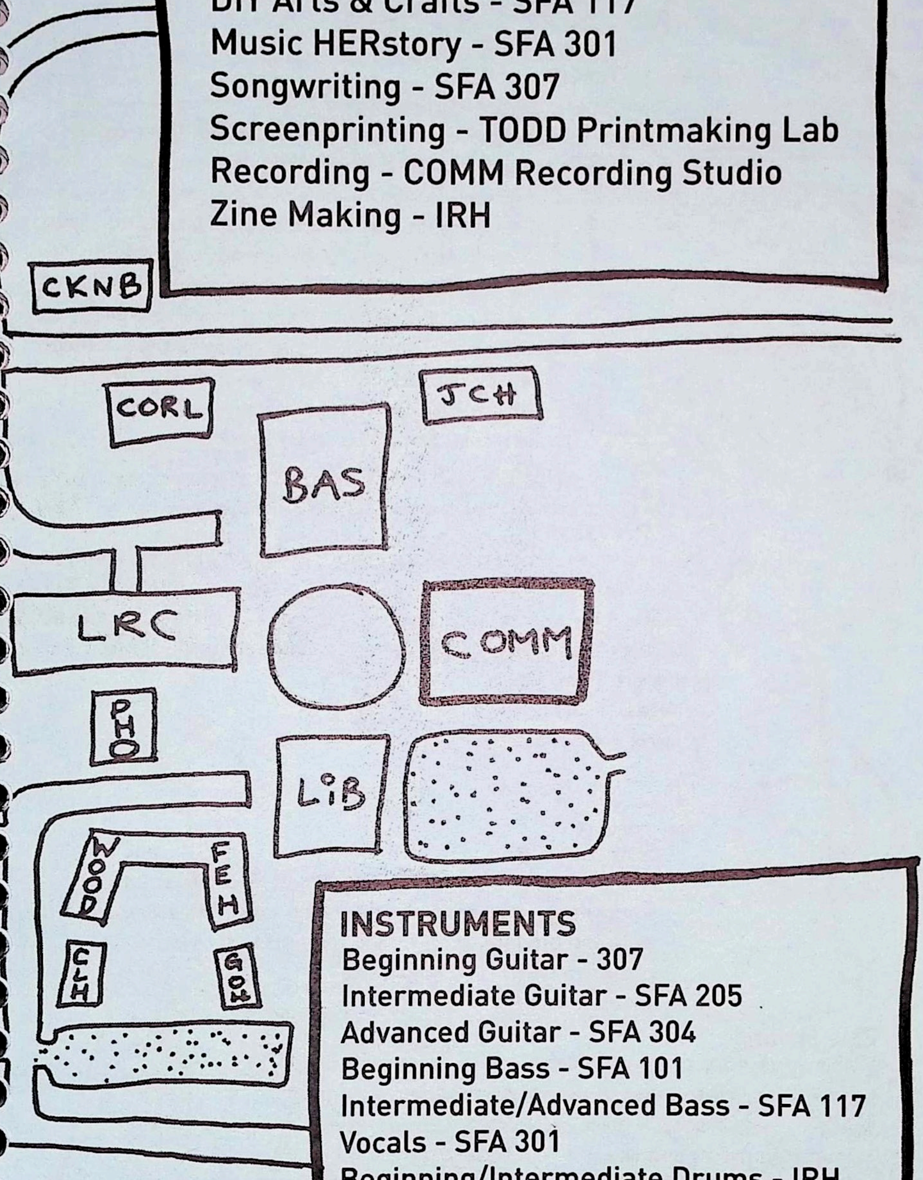
We will be eating lunch in the KUC!

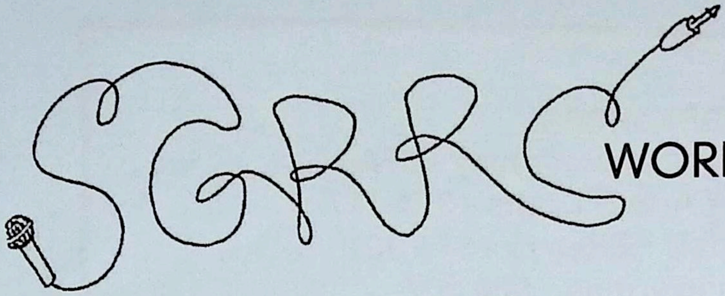
WORKSHOPS

Music Photography - SFA 101
DIY Arts & Crafts - SFA 117
Music HERstory - SFA 301
Songwriting - SFA 307
Screenprinting - TODD Printmaking Lab
Recording - COMM Recording Studio
Zine Making - IRH

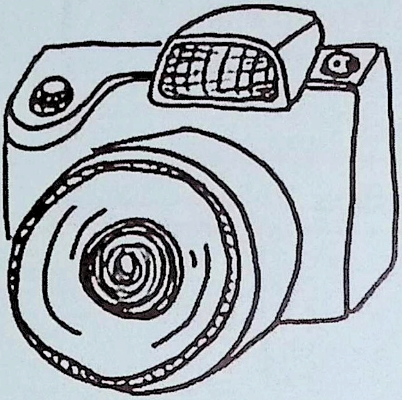


INSTRUMENTS

Beginning Guitar - 307
Intermediate Guitar - SFA 205
Advanced Guitar - SFA 304
Beginning Bass - SFA 101
Intermediate/Advanced Bass - SFA 117
Vocals - SFA 301
Beginning/Intermediate Drums - IRH
Advanced Drums - WMH
Keyboards/Electronic Music - SFA 302



WORKSHOPS



Band Photography

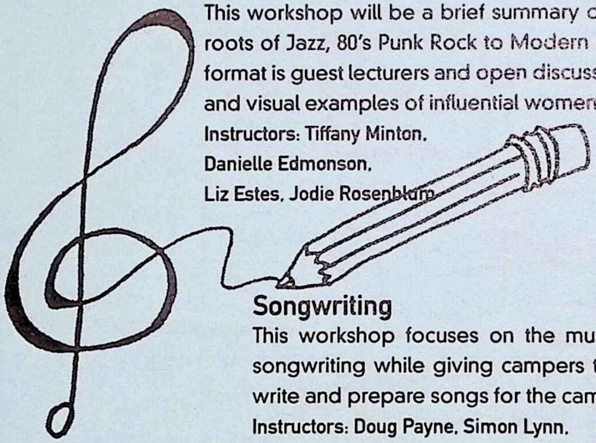
In band photography we hope to provide a creative outlet in which the girls are able to present their unique viewpoints in new and interesting ways. No one sees the world exactly the same ways; understanding and appreciating our individuality will hopefully produce excellent prints! We hope to introduce the fundamentals of black and white, as well as new techniques that are available in digital. Most of all we want to have fun showing a rock and roll perspective in a relatively new medium.

Instructors: Steve Cross, Jenny Stracener, Megan Wartner, Megan Woolfolk

Music Herstory

This workshop will be a brief summary of Women in Music from the roots of Jazz, 80's Punk Rock to Modern Contempory musicians. The format is guest lecturers and open discussion. Complete with musical, and visual examples of influential women throughout the years.

Instructors: Tiffany Minton, Danielle Edmonson, Liz Estes, Jodie Rosenblum



Songwriting

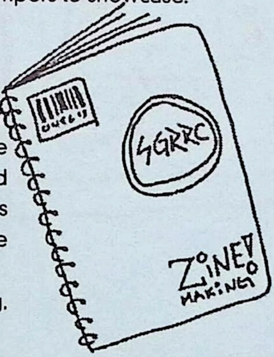
This workshop focuses on the musical and lyrical art of songwriting while giving campers the tools they need to write and prepare songs for the campers to showcase.

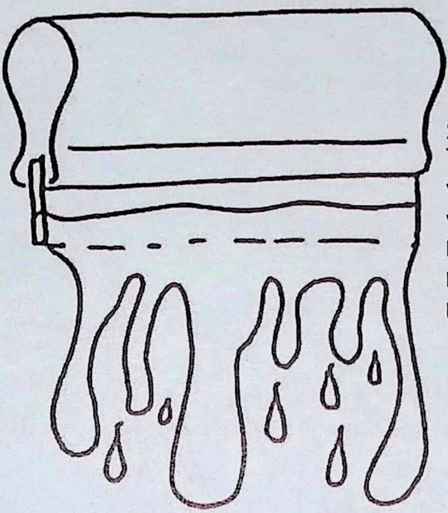
Instructors: Doug Payne, Simon Lynn, Alexa Games, Keith Pratt

Zine Making

In this workshop, campers collaborate on a publication by writing articles, drawing, or putting together collage images. This workshop is great for girls who are interested in music journalism and like to write or draw. All campers will receive a copy of the final publication at the end of the week.

Instructors: Linwood Regensberg, Sarah Cozort, Jessica Long, Stacy Feurhardt, Makenzie Green

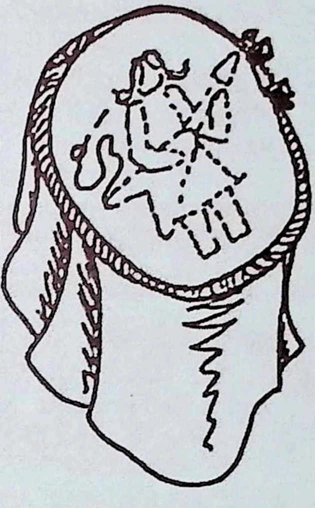




Screenprinting

This workshop is great for girls who are interested in visual arts and design. The screen printing workshop will provide campers with skills to create their own band t-shirts, fliers, and patches.

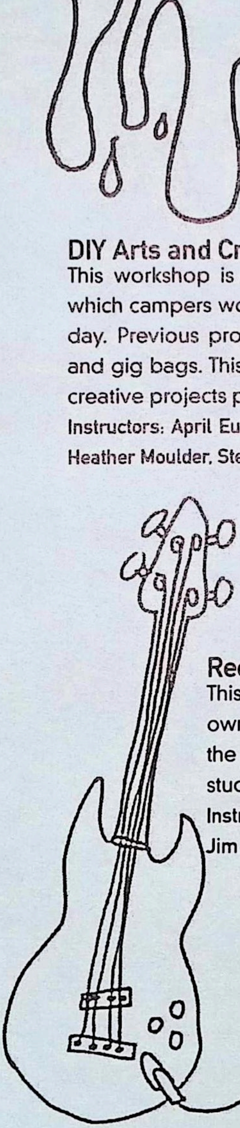
Instructors: Chuck Bruner, Bingham Barnes, Andrew Jacks, Nikki Kvarnes, Jessi Wariner, Katie Sentell



DIY Arts and Crafts

This workshop is a do-it-yourself arts workshop, in which campers work on a different craft project each day. Previous projects include guitar straps, books, and gig bags. This year we have some new, exciting creative projects planned as well.

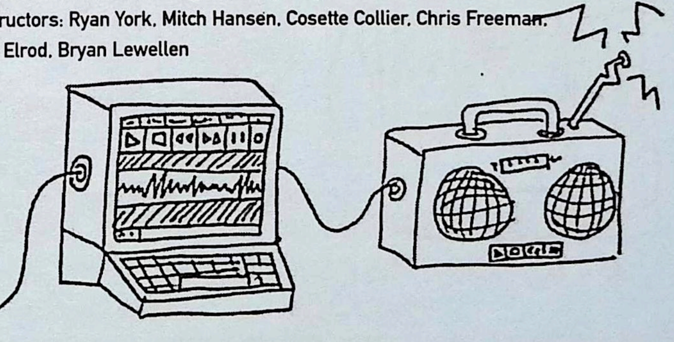
Instructors: April Eubank, Nicole Tekulve, Yuliya Melnikova, Heather Moulder, Stefanie Bomar, Kevin Cunningham



Recording

This workshop is great for campers interested in recording their own music or others. Campers will explore various techniques of the recording process and will take place in one of the renowned studios of the Recording Industry Department at MTSU.

Instructors: Ryan York, Mitch Hansen, Cosette Collier, Chris Freeman, Jim Elrod, Bryan Lewellen



INSTRUMENT INSTRUCTION

GUITAR INSTRUCTORS:
(Beginning) Doug Payne, Jessi Wariner, Steve Cross, Candace Duke, (Intermediate) Megan Wartner, Keith Pratt, Jim Elrod, (Advanced) Beth Cameron

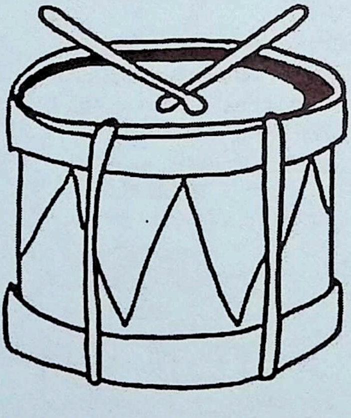
BASS INSTRUCTORS:
(Beginning) Bingham Barnes, James Robbins, Marc Williams, (Intermediate) Chris Freeman, Shane Spresser, (Advanced) Bob Fitzgerald, Ryan York

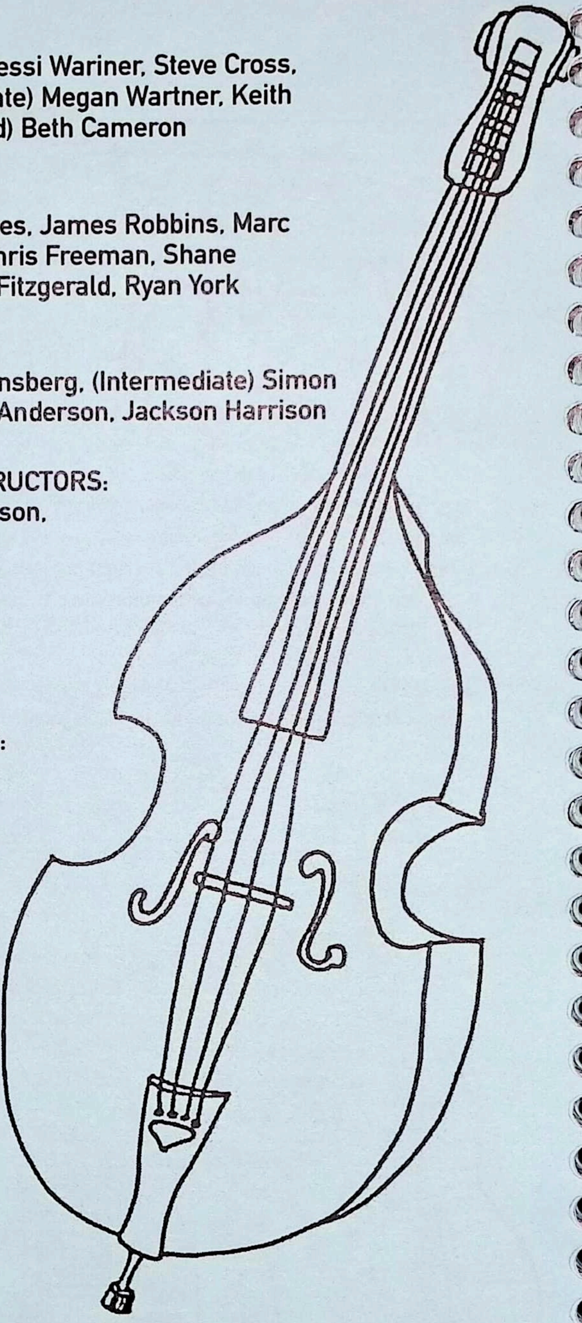
DRUM INSTRUCTORS:
(Beginning) Linwood Regensberg, (Intermediate) Simon Lynn, (Advanced) Thomas Anderson, Jackson Harrison

ELECTRONIC MUSIC INSTRUCTORS:
Megan Woolfolk, Carl Jackson, Kevin Cunningham

VOCAL INSTRUCTORS:
Micah Johnson, Rachel Pearl, Stephanie Adams

KEYBOARD INSTRUCTORS:
Heather Moulder, Andrew Jacks, Matt Rowland





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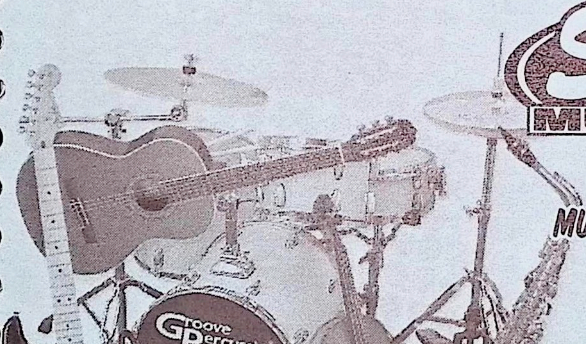

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2007 Panels& Performances

MONDAY

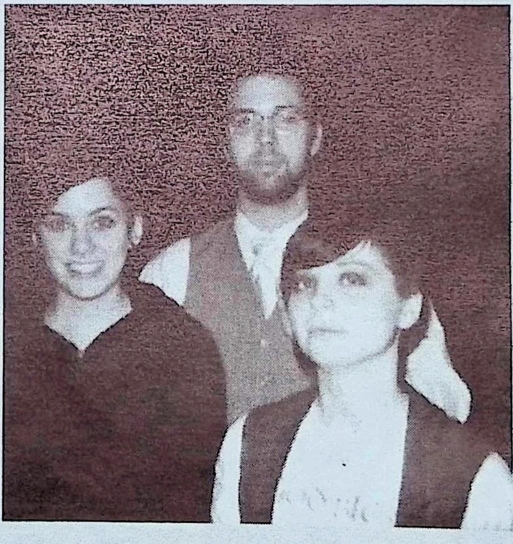
CORTNEY TIDWELL

Events in Cortney Tidwell's life have inspired a music of fascinating beauty: staggering, desolate, country infused laments sprinkled with subtle flourishes of electronics; skeletal, eerie, haunting structures that reach out far beyond their geographic roots. And Cortney's voice is even more remarkable, a thing of magic, an arresting and vulnerable instrument that recalls the likes of Leslie Feist, Hope Sandoval and Liz Fraser whilst maintaining a character all its own. Im inspired by childrens laughter, the night sky, ghosts and other peoples turmoil, Cortney Tidwell explains, somehow encapsulating the unique mixture that characterises her work so far.

TUESDAY

Six Gun Lullaby

Six Gun Lullaby was formed in the summer of 2005 in a living room in Nashville. The band, which includes Claire Adams, Tiffany Minton, and Martin Schneider, composes all of their songs collaboratively. The most noted element about their band is their intentional lack of bass guitar. Their art stems from a somewhat Nietzschen approach to the philosophy of art. To intentionaly restrict your art may seem absurd to many, but there can be no way of freeing your sound from it's naturalization if you do not first limit yourself to what is most capricious: the bass. This idea is the basis of their music. To fulfill their low-end, Six Gun Lullaby fill their music with huge sonic landscapes and sounds reminiscent of the No Wave music scene in New York.



WEDNESDAY

Those Darlins

Those Darlins- a three-piece Murfreesboro-based band which plays traditional country music with a rock 'n' roll attitude; members include SGRRC founder Anderson on bass, camp volunteer Nikki Kvarnes on ukulele, and Jessi Wariner, who has attended all four summers of SGRRC, on guitar, influences include The Carter Family, Woody Guthrie, and Hank Williams Sr.

Jerianne Thompson

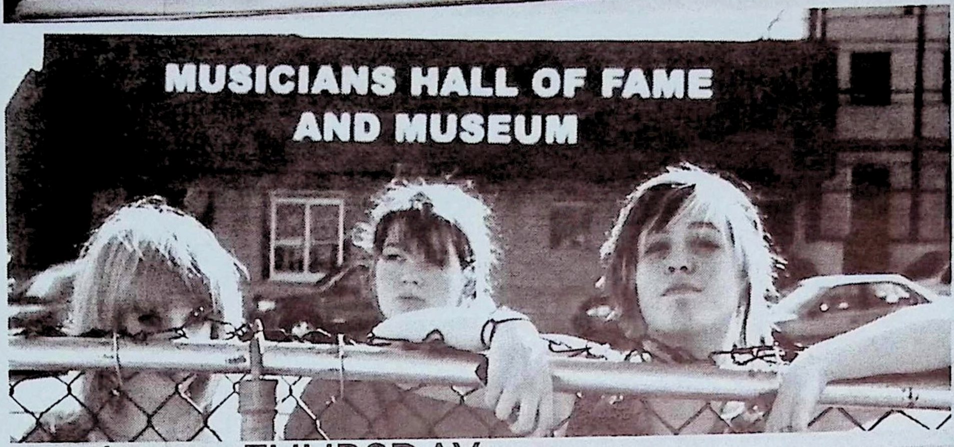
Jerianne Thompson is the coordinator of Linebaugh Library's new zine collection. She works for the LPLS system as supervisor of the MGL Library inside Patterson Park Community Center. Jerianne has been a zine publisher for 13 years. She is the editor / publisher of Zine World: A Reader's Guide to the Underground Press, the nation's largest zine review zine. For more information about the zine collection at Linebaugh Library please go to http://www.linebaugh.org/zines.htm.

LINEBAUGH
Library System

THURSDAY

The Valentines

The valentines... amanda, jamie, todd. We play dance music. We have fun. We dance. We play all instruments and use drum machines. We come from all over the country and we don't sound like anyone else. We sing about nothing and very important things. The valentines love you!



also on THURSDAY

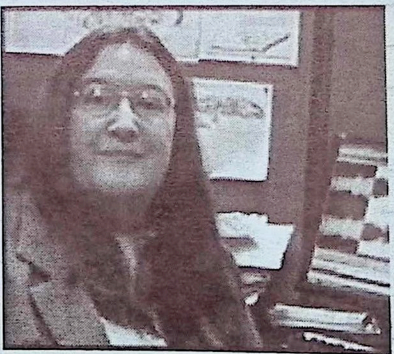
Rock Paper Scissors

Rock Paper Scissors, the fearless group made up of Alexa Games (17), Hailey Rowe (16), and Rachael Durnin (15), first collided their keys, strings, and beats together in the summer of '06 at Southern Girls Rock & Roll camp. When confronted with the challenge of no singer and no guitarist, Hailey offered up her vocal chords and left the missing 6 strings in the dust. They performed an original song titled "Lawn Gnomes" that left people both impressed and confused. After camp ended, the band decided to stick together and combine their different styles and influences while spending weekends practicing in the studio at Hailey's house. They wrote more songs with the help of their tireless energy at 4am, lava lamps for lighting, and visits from Yuliya Melnikova (a former camper and RPS's "band manager"). After a few months, more instruments were added to the mix and RPS decided to tackle Zeitgeist 2007 at the University School of Nashville, an annual music event for high school aged musicians in the area. While being the youngest group to play, more kids became intrigued by their weird sound and even mastered the motions of playing Rock Paper Scissors while listening to the tunes of Rock Paper Scissors

FRIDAY

Gina Logue

Gina Logue works in the MTSU Office of News and Public Affairs. She writes press releases and a daily media tip sheet called "Today's Response," hosts a public affairs radio program on WMOT-FM, and posts radio-ready news stories and sound bites on the Web at www.mtsunews.com. From 1976 to 2001, she worked at a variety of radio jobs at locations around the country, including Montgomery, Birmingham, Washington, D.C., Baton Rouge, and Norfolk, Va. For the first five years of her radio career, Gina was a DJ at stations in Knoxville, Nashville, and Atlanta, playing actual vinyl and encountering a wide variety of experiences, some fun, some not so fun.



also on FRIDAY My Siamese Self

My Siamese Self is a three-piece punk band from Atlanta. My Siamese Self sounds like My Siamese Self, but has been complimented with comparisons to Joy Division, Television, and The Clash. My Siamese Self has played with bands like Film School, The Love Drunks, The Gossip, Amy Ray, Juliana Hatfield, and The Butchies. Lead singer and guitarist Deb Davis has been in a ton of bands (The Gamma Clones, Jane West and the Lone Star Impalas) but is currently also in another great Georgia band called Hope for AGoldensummer. Drummer Kat Riederich was also in Jane West and the Lone Star Impalas, as well as other bands with cool names like Wig Barn and Pisghetti. Stacey Singer plays bass and sings backup and used to be the lead singer of the Atlanta trashgrass band Shitty Red Drum Kit. My Siamese Self formed in 2003 and currently has a DIY EP called "If You Please"

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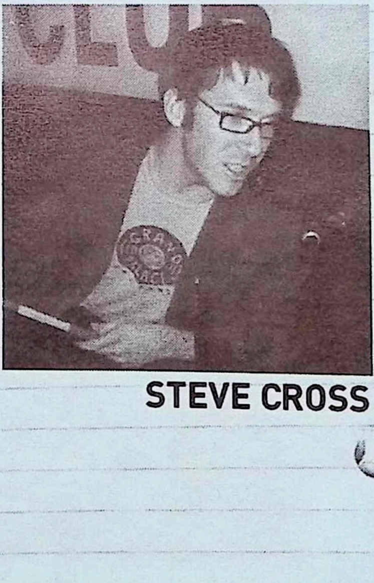
VOLUNTEER BIOGRAPHIES

"In a perfect world, Heather Moulder would play piano just like Jerry Lee Lewis and sing just like Susan Tedeschi. However, she has to make do with what she's got, providing vocals and keyboards for her band, The Screamin' Jacks. This is her third year of working with rock n roll camp, getting her start with SGRRC 2004 supergroup The Pirettes. Her guilty pleasure is 80s hair metal, and hopes to one day arrange a symphonic version of an Iron Maiden piece."

HEATHER MOULDER

Steve has been around the middle TN area since 2000. He graduated in 2004 with a degree in photography from MTSU. He's band photography for several local bands including Fluid Ounces, The Carter Administration, Hotpipes, Overzealous, and The Protomen. He also freelances for the Nashville Scene. Steve has been involved with the local music scene since moving here, and currently plays drums in Tigers Con Queso with former SGRRC instructor Seth Graves. Steve also plays guitar and bass, and has been wanting to volunteer with SGRRC for several years now. His favorite food is Mexican and he enjoys long walks on the beach under the moonlight.



STEVE CROSS

NIKKI KVARNES

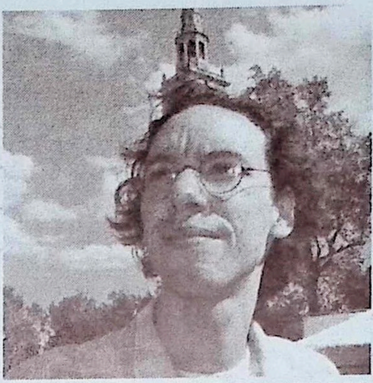
I work at Grand Palace Silkscreen designing and printing. I currently play baritone ukulele with Those Darlins. I enjoy classic country music, blues, rocknroll and buck dancing. This is my first year volunteering at SGRRC.

MICAH JOHNSON

Micah Johnson is currently studying music education at MTSU as well as working a full time job as a restaurant manager. After receiving a certificate in commercial entertainment from Columbia State College in 2002, Micah earned an associate degree from Motlow College. Micah has studied a variety of singing styles from classical to blues and she's excited to share her knowledge with talented young women.

JANE POWELL

Jane loves music in all its aspects and you will find her frequently penning another story or producing her college radio show "Eclectic Cuts" on WMTS 88.3 FM. She has been published in local newspapers, artist's websites, local magazines and webzines. One of her latest projects has been the development of her online music resource "Eclectic Cuts Music Magazine." It continues to grow and expand each year. Most of all Jane wants to share good music with others!

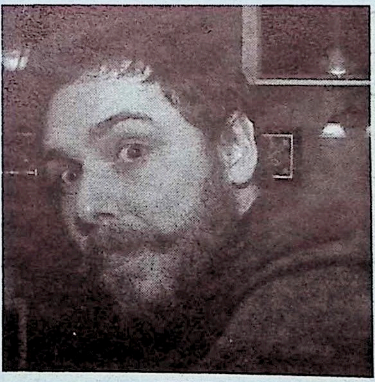


Chris Freeman is originally from Richmond, VA and moved to Nashville last summer. He has been playing in rock bands since 1995 - most notably in The Rachel Nevadas, Lylas, and recently as a solo performer. Along the way he has been a part of over 40 (mostly DIY) releases.

CHRIS FREEMAN

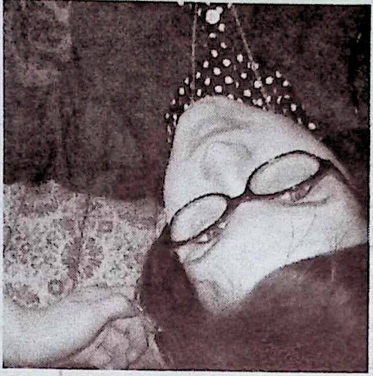
Im Jessi Zazu. I like pop songs, cowboy boots, and midnights. I work at Grand Palace and play in Those Darlins.

JESSI WARINER



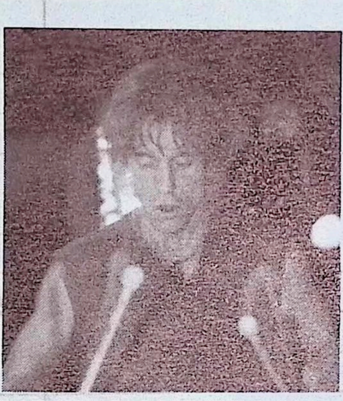
Bod Teen lived in Alabama and came to Tennessee in 1998, unaware that pedal steel would grab a'holt of him and carry him from stage to stage across this great land on a mysterical flight of whimsy. Bod Teen plays guitar as well and performs with such rock and roll rapscallions as Glossary, Ghostfinger, and Hands Down Eugene. Bod Teen knows Pepper Walker, because he is from Alabama. Bod Teen looks forward to SGRRC all year, it is his favorite thing about being a musician in Murfreesboro.

TODD BEENE



MEGAN WOOLFOLK

Megan Woolfolk is a veteran camper and a second-year counselor. She is a Murfreesboro native, but currently resides in Brooklyn and attends art school in Manhattan. When she is not busy with class or work she enjoys drawing, baking vegan cookies, reading, going to museums, playing guitar, and going to the park with friends.)



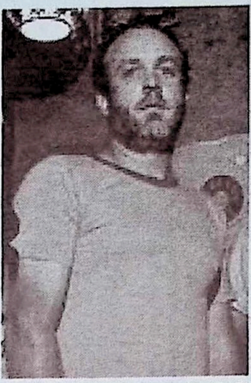
THOMAS ANDERSON

Thomas Anderson studies music, science and natural healing. He earned his Masters degree in Physics studying black holes and holograms. He specializes in Drumset, African and Latin drums, Didjeridu, Singing and Beat-box. He currently works in Nashville with his two bands: RhythMystik and capitalFRESH! He also does Sound-Therapy and travels the world teaching about sound and healing. Thomas just returned from India where he studied Tabla drumming and classical Indian singing.

STEPHANIE ADAMS

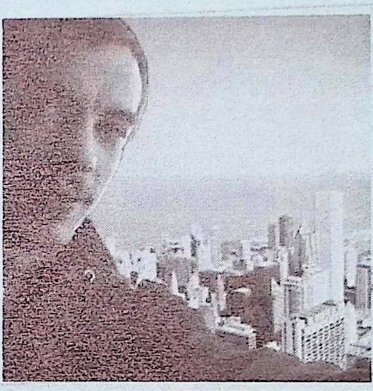
Two teenage daughters, two aging dogs, one house in Murfreesboro, Tennessee for the past 15 years. I have been teaching art to elementary and middle school students for 8 years. I am mostly a music admirer, though I have participated in a garage-type band called The Chokers, which was both fun and inspiring.

Heard Led Zeppelin when he was eight and hasn't been the same since. He remembers the 80's, laughs at tornadoes, fears "robuts", has a dog and plays bass in SJ & the Props. He's also a co-owner of Grand Palace Records in Murfreesboro and will talk endlessly about records, guitars and pedals if you get him going.



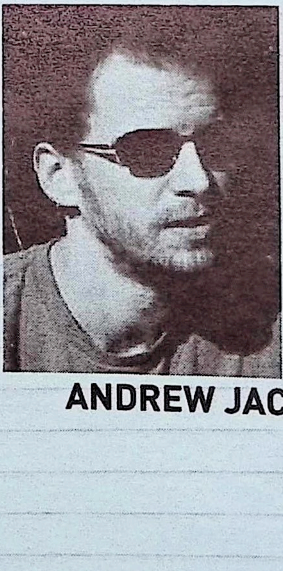
JAMES ROBBINS

Simon is a student, musician, and life-long resident of Tennessee. He currently works as a Graduate Teaching Assistant at MTSU where he is completing an M.A. in Sociology. In his spare time, Simon enjoys long walks on the beach, sunsets, and throwing Frisbees in the woods.

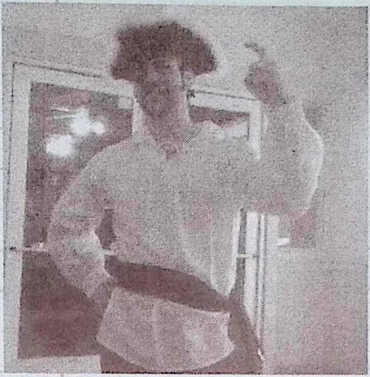


SIMON LYNN

Andrew Jacks is a senior at MTSU. He is actively involved in his community and works as a screen printer at Grand Palace Silkscreen. He just wants us all to get along.

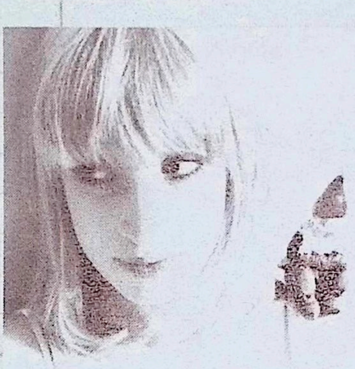


ANDREW JACKS



MITCH HANSEN

Mitch Hansen, an alumni of the MTSU Recording Industry program, recently succumbed to his Portuguese roots and returned to a life of piracy. He currently is the Lighting Director for the Gen. Jackson Showboat, or as he likes to call it, "The Paddling Dutchman." Mitch has produced, written, engineered, performed and recorded albums, singles, side projects, tutorials, commercials, epic musical odysseys (and oddities), and is writing a cookbook for displaced and landlocked pirates called "Yar, that not be codfish ye salty dog!" Mitch lives in East Nashville (cause the rent is cheaper) and lays in a band that is too progressive to have a name. Mitch is excited to bring a nautical sense and rope lashing skills back to SGRRC for his second year.



ALEXA GAMES

Alexa Games was a first year camper last year, and part of the band Rock Paper Scissors which has since played several venues in the Nashville area. A keyboard player at heart, she also enjoys makin' noise on the guitar, banjo, and various other instruments.

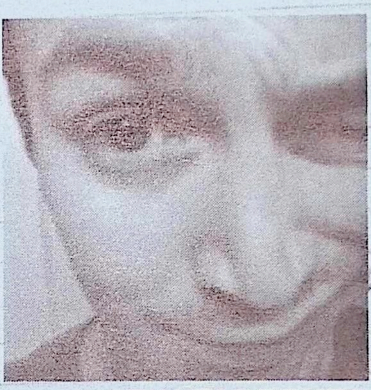
JODIE ROSENBLUM

My name is Jodie Rosenblum and I love music and feminism. I'm 22 years old and I just graduated from college. I'm from Nashville but right now I live in Charleston, South Carolina in the same house with six friends with the goal of maximum fun. I can't wait to rock out.

Living in Nashville since the Fall of 2003, Tiffany will finally graduate from Belmont University, in December, with her B.A. in Sociology. When she isn't playing the drums in local rock band, Six Gun Lullaby, she likes to ride bicycles, throw dance parties and sing karaoke. Her favorite foods are pecan pie and mashed potatoes. Her favorite drummers include Janet Weiss (Sleater-Kinney; Quazi), Allison Miller, and Sandy West (The Runaways). When Tiffany grows up, she wants to be a full-time teacher/writer/activist and a part-time competitive eater.

TIFFANY MINTON

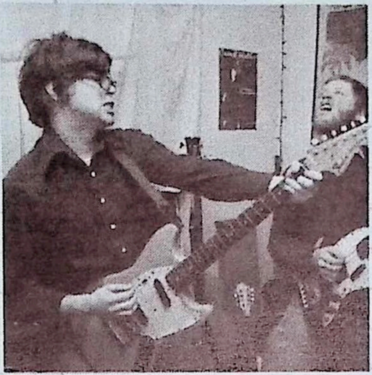
Justin Tarrents was born in Cocoa Beach, FL on Dec 30th in the year of 1980 (often reffered to as the greatest decade ever, due to the fact that Justin was born during this decade). Justin's childhood was a constant struggle because many people would challenge him to freestyle rap battles, the problem being Justin has no idea how to freestyle rap, furthermore, he never claimed that he could. Nonetheless people would challenge poor Justin to these mismatched competitions, fortunately this would turn Justin in to the man that he is today. Justin enjoys doing a variety of things, some of his activities including stand-up comedy, traveling, DJ'ing, keeping it real, and living the dream. Justin is a graduate of MTSU and currently works with the Guidance Center in Murfreesboro, TN. In his spare time he owns and operates a ladybug adoption shelter where he rescues stray and abandoned ladybugs. Sometimes, Justin likes to embellish, but that's only when he runs for public offices.



JUSTIN TARRENTS

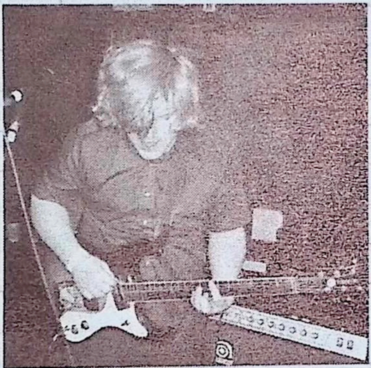
I enjoy theatre and music.
Also, I'm the princess of Bell Buckle.

STEFANIE BOMAR



KEITH PRATT

Hey Ya'll! I play guitar and sing in the Velcro Stars. My hobbies include headphone music, suduko, and wiffle ball.



SHANE SPRESSOR

The Velcro Stars guitarist loves living nearly as much as he does growing his hair. He can usually be found catching rides to lunch nearly every day, yet he owns two cars! Shane's favorite film is "Jules and Jim" and enjoys listening to "Revolver" by the Beatles while washing dishes.

BETH CAMERON

beth cameron is a self-taught guitarist. She was prompted to learn bass and guitar at the age of 14 after hearing bands that were a part of the riot grrrl movement in the mid-nineties - such as bikini kill, heavens to Betsy, babes in toyland, and 7 year bitch. She also cites other female artists such as pj harvey, liz phair, nina simone, mary timony and kate bush as being huge influences on her playing. since her teens she's been writing, recording, and touring in various bands. currently, she writes and performs with her band forget cassettes, who have released 2 records worldwide. she feels that being involved with the southern girls rock-n-roll camp is important because young female musicians need to be exposed to the camaraderie that being surrounded and taught by other female musicians can foster in their lives. "I hope to help my students accomplish not only a knowledge of their instrument, but confidence in their ability to take what they learn and create their own sound. to me, it's about taking the basics and rearranging them to fit your style.

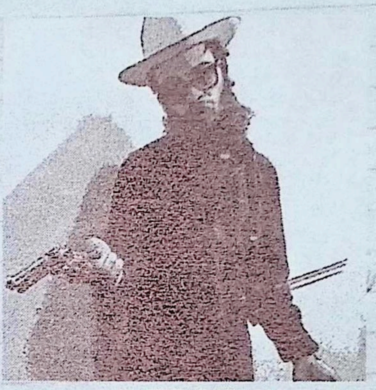
I like documentary films, coffee and news (both current and gossip).

I'm also down with the 3 B's: Beatles-Big Star-Buzzcocks.

LINWOOD REGENSBURG

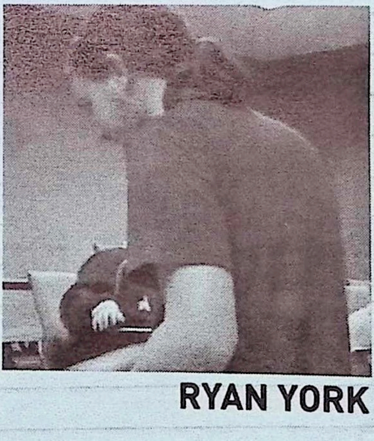
Matt Rowland has been around Murfreesboro playing music since the turn of the millennium. He came here to get a degree in piano performance, but that still hasn't happened yet. He plays most rock and roll instruments, but piano and organ are his main axes. This is his third camp, and it always is a highlight of the summer. He is most often found with cohorts Richie Kirkpatrick and Bod Teen, in their rock and roll outfit GHOSTFINGER. He is a Pisces that enjoys classical music, swimming in nature, and metaphysics. he loves Murfreesboro and thinks its a super great and magical place.

(SGRRC does not condone violent behavior or guns. NOT A REAL GUN.)

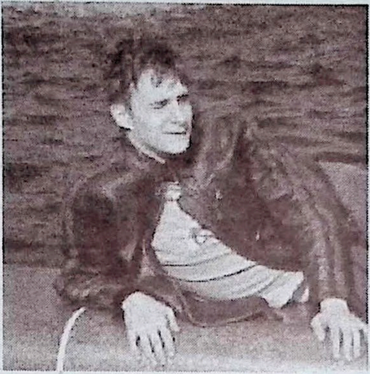


MATT ROWLAND

This is Ryan York's second year at SGRRC. He is a bass instructor for the camp and runs the recording workshops. He is also involved with the YCAC, teaching year around recording workshops for middle and high-school students. He just finished college with a major in recording and is now working as a graphic designer. This is most certainly his favorite week of the entire year.

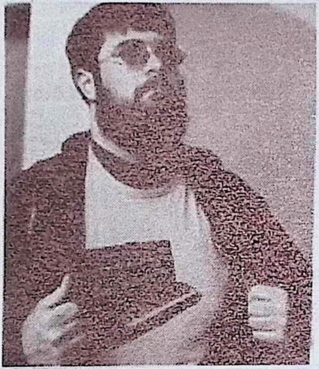


RYAN YORK



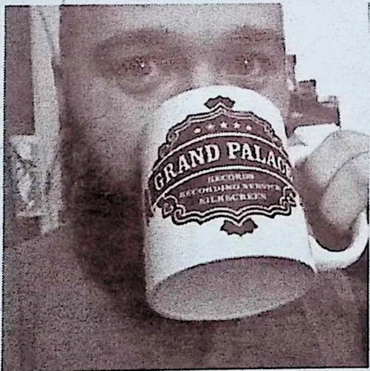
KEVIN CUNNINGHAM

Kevin Cunningham is 'into': painting, experimental music, tearing apart electronics, raccoons, re-wiring electronics, knitting, horror films, sewing, dying, sequins, martial arts, harsh noises, vintage kitten posters, 'when good times go bad', embroidery, dress boots, and performance art. He has 'questionable' taste.



STEPHEN TRAGESER

Due to the odd combination of syllables in his name, Instruments Coordinator Stephen Trageser has gone through a lot of nicknames, and "Goose" is the one that stuck. Seeing how generous Murfreesboronians are with their instruments makes him proud to call himself a native. Stephen is a senior Recording Industry Production & Tech major at MTSU.



CHUCK BRUNER

Co-owner Grand Palace Silkscreen
Artistic coordinator Grand Palace Records

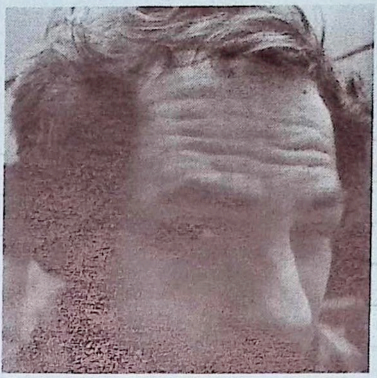
Chuck spends his time designing and screen printing rock posters and t-shirts for bands. He also works for the Grand Palace record label putting album designs together and organizing the manufacturing details.

Co-owner Grand Palace Silkscreen
Artistic coordinator Grand Palace Records

His hobbies include; night photography, skateboarding, reading how-to books, scrabble, operating heavy machinery, and listening to records.
He loves going to rock shows, eating sushi, and riding motorbikes in the country. His favorite bands are David Bowie, The Smiths, Sam Cooke, Dinosaur Jr, James Brown, and Spoon. His dog Jeremy has a mohawk, imitates Elvis, and loves to go for rides in the car.

This is Chuck's 4th year as a volunteer at the SGRRC, he instructed two "Punk-Rock" Photography workshops, and is currently one of the Screen Printing workshop instructors. He designed this years camp logo, printed the t-shirts, and loves SGRRC.

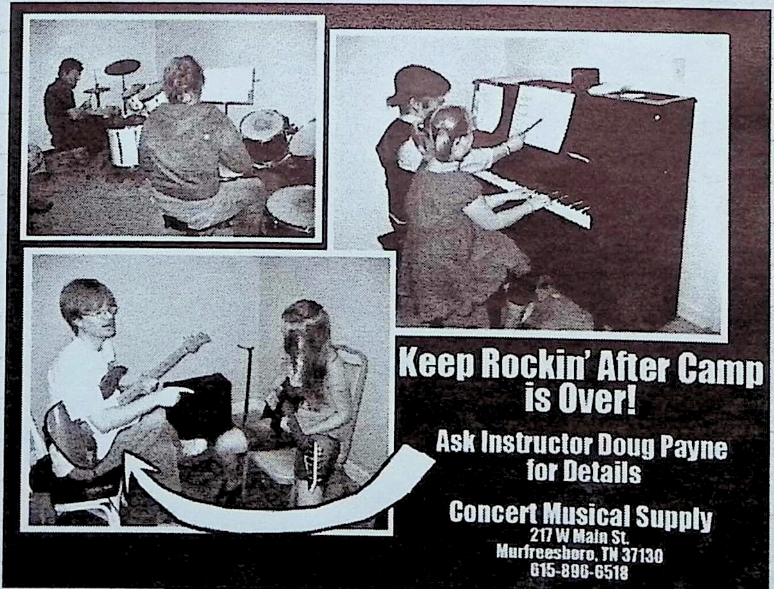
SWM - Bingham Barnes, of Greeneville, Tennessee is the bass guitarist for Glossary and The Black Soul Choir. He has been a SGRRC volunteer since 2003. Bingham is also one of the founding partners of Grand Palace Silkscreen. He has a happy home with his 2 mutts, Monk and Fish, and he enjoys dreaming of retirement, world unity and a home in the Appalachian mountains. His favorite soft drink is still Dr. Enuf.



BINGHAM BARNES

Cosy Collier worked as an independent recording engineer in Memphis, TN until 1993 when she moved to Nashville and started teaching at Middle Tennessee State University. Cosy got her bachelor's degree from University of Memphis in commercial music/ audio engineering and then went to work as an engineer. While in Memphis, she engineered and mastered recordings by the legendary blues artist, Jesse Mae Hemphill for High Water Records and recorded other independent artists in the area. Cosy also went back to school in Memphis for a master's degree in film/video production and ended up working as editor and sound designer for a couple of award winning independent films also produced in the Memphis area. Cosy now teaches classes in recording, mastering and sound design for film and continues to work on independent productions both in music and film sound whenever possible.

COSETTE COLLIER



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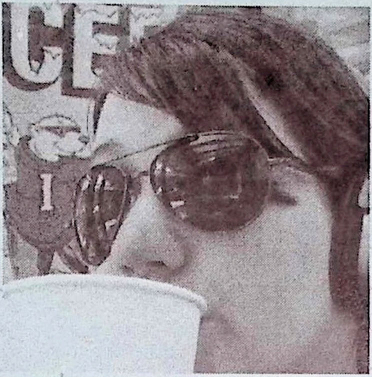
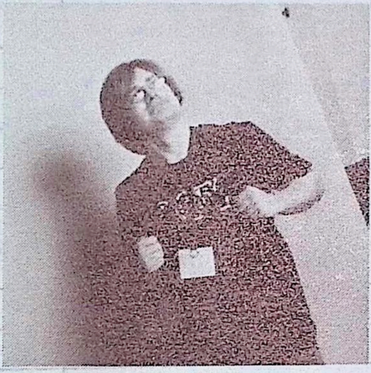


JENNY STRACENER

Jenny Stracener is a third year student in Communication Disorders at MTSU. She has a massive passion for photography, music and cute dresses from Sugarees. This is her first year at SGRRC and she is very very excited.



DOUG PAYNE

Doug Payne is returning for his 3rd stint at the SGRRC. He spends all day every day playing and teaching the guitar, both privately and for the Murfreesboro City Schools. His hobbies include foreign policy analysis, cartography, tessellations, and astronomy. Do not play Trivial Pursuit with him. Steely Dan rules!

BRYAN LEWELLEN

My name is Bryan. I've had various day jobs, but music has always been a key part of my life. My cousin taught me how to play guitar when I was 12. I lived for Rock and sometimes Folk and a little Country music. Twelve years later I was introduced to a synthesizer and the more laid back sounds of Space and Ambient music. Now I like to mix them all together with computers and MIDI. A friend of mine calls it "Bryrock," so that's what I call it too. Last year I got to do the soundtrack for two videos. One was a 10 minute short and the other was a feature length horror show. I don't know if you'll ever see them, but I had a gas doing them and got paid for it. Cool. Now I'd like to hear your music.

Liz Estes has a philosophy degree and is currently finishing her BA in English. She is a feminist advocate and believes in the empowerment of teenaged girls. She teachs HerStory and has volunteered for SGRRC for the last four years. She can be heard on the air at 88.3 WMTS Rebel GRRRLS Radios show playing all female artist or bands with women in them. She really loves her cats and wants to have a woman as a president.

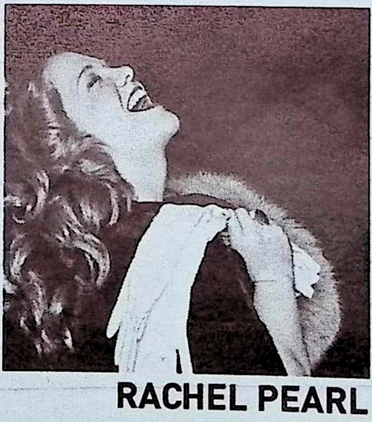
LIZ ESTES

Ukrainian. Senior. MTSU. Mathematics. Spanish. Art. Unicorns. Lawn gnomes. Music. Whales.

YULIYA MELNIKOVA

Rachel Pearl channels vintage jazz with her flexible, wide-ranging, accurate vocals. Growing up in Bowling Green, Kentucky the only spotlight that little Rachel Pearl shared was with her twin sister, hairbrush in hand, singing along to Tina Turner's "What's Love Got to Do With It?" as it played on their rainbow record player.

"I thought that everyone dreamed of being a rockstar, so i never considered pursuing music. The stage is tempting and the chance to shine so magnetic; and the truth was, trying to do anything else with my life made me sick to my stomache." After five years of voice lessons, founding a songwriters association at MTSU, and a couple of different bands, Rachel Pearl has found a new spotlight to share that shines a little brighter.



RACHEL PEARL

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A CAMP RETROSPECTIVE

For the first time since the summer of 2003, I will not be attending or volunteering at the Southern Girls Rock 'n Roll Camp. I was only fourteen my first year of camp. I played guitar in the Flaming Marshmallows with Stefanie Bomar (vocals), Yuliya Melnikova (drums), and Anna Potter (bass). Our band manager was the one and only Seth Graves. We could barely play our instruments at the start of the week but by Saturday night, we wowed the crowd with our version of "I Just Want Something To Do" by the Ramones.

Now, I am nineteen years old. I have graduated from high school and completed my first year of college at Emerson and the Berklee College of Music. I do not even live in Tennessee anymore. Instead, I live in Boston. I am an intern at Fenway Recordings (a record company that also manages Mission of Burma and the Cribs). I am the Boston field representative for Filter magazine. When I look back at the fourteen-year-old girl in a homemade Verve t-shirt, with the Oasis lyric "Tonight I'm a rock 'n' roll star" written on her arm, slinging a blue Fender Stratocaster, I realize just how far I have come.

My favorite year of camp was 2004. This was the year with the film crew. I played guitar and sang in the Labyrinthites. Stefanie was on bass and Heather Thompson joined us on drums. Thanks to our band manager Rick Kersmarki, we learned how to play one of Oasis' few US hits, "Champagne Supernova." Halfway through the week, all of us attended Curiosa Festival at Starwood. Heather, and I met the Cooper Temple Clause and we let everyone at camp know it. Thanks in part to Curiosa but mostly just to the amazing counselors at SGRRC, that one week in the summer of 2004 was some of the most fun I've had in my entire life.

SGRRC gave me a sense of belonging in Murfreesboro. I attended as many benefit shows as I could during the rest of the year and always looked forward to that one week during the summer. Being a camp counselor was an amazing experience. I taught a couple of beginning guitar students how to play power chords and helped them with a song for their own band. When I saw them play "Hot Topic Is Not Punk Rock" at the showcase, I was beaming. I was so proud of those girls and so happy to know that I had helped them.

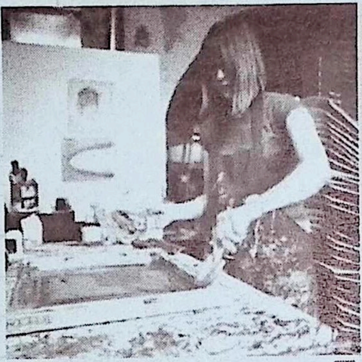
It is heartbreaking not to be a part of camp this year. But, there comes a time in all of our lives when we have to move on. SGRRC will always be a part of me and I will always be thankful for the musical lessons I learned, the friends I made, and the experience that I gained.

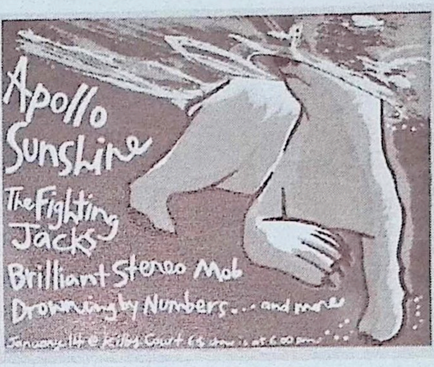
Thank you Kelley, Courtney, and Anna for all that you do. Thank you Sean for escorting me to my senior prom. I still owe you my soul.

Kayley Kravitz
(The Flaming Marshallows, Uh Na Na Na Na, The Labyrinthites, Loose Hips Sink Ships)

Anna's Top 5 Women Gigposter Artists

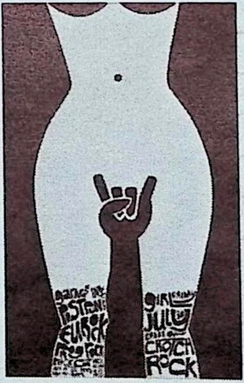
(That You Should Know)



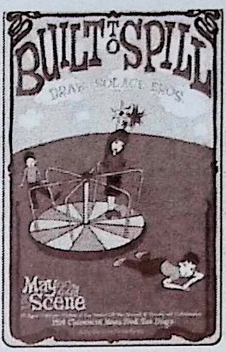


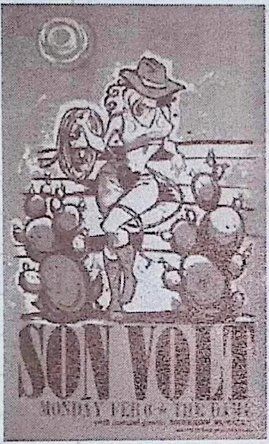
1 **Leia Bell:** Not only does Leia Bell have a unique style of screenprinting, her designs are eye catching and effective. Incorporating people and animals into her work, Leia draws the viewer in to a scene or emotion which becomes the focus, as well as the shows/bands she is promoting for the Venue she and her partner run- Kilby Court. She also happens to be Brian Bell's Sister (from Weezer) I admire Leia because she was the first to put together an all-woman gigposter show entitled, "Paper Dolls." This is where I met her and she was really a sweetheart. We hung out and talked about the struggles of figuring out how to create your own style and the hurdles she has overcome having 3 boys and doing screenprinting while the boys take naps or in between feeding times. To find more about Leia go to: www.leiabell.com

2 **Eleanor Grosch:** As the owner of Pushmepullyou designs, Eleanor uses pop art elements as well as simple color combinations to create a graphic look to her posters and designs. I really enjoy her work because she can do so much with only one color. I think that if you can really catch the eye of the viewer with a simpler design you don't need more colors, Eleanor is a master with this concept. She not only has designed gigposters but shoes, pillows, and much more. For more info go to: www.pushmepullyoudesign.com. (Eleanor also donates part of her proceeds to the World Wildlife Federation as part of her "green" give back philosophy) I especially like this poster which I purchased at the Paper Dolls Show in Salt Lake City.



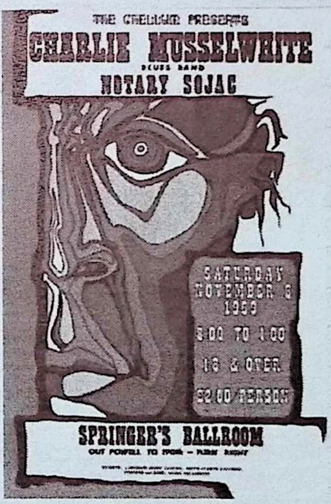
3 **Tara McPherson:** Tara has a way with her characters that really leaves you wondering. Her work is addictive and I could look at her posters all day. She is also a comic book illustrator which might explain her knack for creating a visual narrative within her gigposters. Her work was featured in Paul Grushkin's Book, The Art of Modern Rock, which is a must read for poster lovers. To see more of Tara's work go to: www.taramcpherson.com.





4 **Sarah Turner:** Sara and her husband run Cricket Press and they are a great example of a male/female team. Sara also creates comic books and you can sometimes see that influence within her work. She has a nice flow to her figures as well as thoughtful color choices. When I asked Sara about what she likes the most about being a gigposter artist she said: "I love that there is a medium that is extremely open with possibility, allowing you to help promote your favorite band or venue while allowing the art to be exhibited on a street level. What artist wouldn't want his or her work so accessible to everyone? " To see more about Sara and Cricket Press go to: www.cricket-press.com.

5 **Catherine Weinstein:** I admire because she is one of the few known women printers during the days of the Filmore Auditorium. She printed under the name Hedda Goldspace (as well as Thunderbitch). Her color use was bright and bold. She used a pen name because during the Psychedelic Era, depsite the ideas of equality and freedom, women were struggling for equality even within a progressive community such as the music community. She is the only recognized women screenprinter of this era that I have found in my years of research and contacts at the American Poster Institute and the Smithsonian Museum of Art. Thank you Hedda Goldspace for paving the way for women printers of the future.



I hope this intrigues you to find out more about Gigposters. There are hundreds of women poster artists out there and hundreds of male poster artists who are treating women as equals within this genre of art. One group is right here in our downtown area and it's called Grand Palace Silkscreen. To find out more about the men and women who print here in Murfreesboro go to: www.grandpalace.us.

You can also find my published articles in the MTSU McNair Journals online: www.mtsu.edu/~mcnair, under Publications 2006 and 2007.

Happy Printing,
Anna Fitzgerald

Meet Kate Crowder

by Stacey Greenberg

At 9:00pm on a Friday, I was busy trying to get my monkeys (Satchel, age 4 and Jiro, age 2) in bed so I could sneak out and interview Kate Crowder, the lead singer of my new favorite band, Two Way Radio (formerly known as Walkie Talkie and briefly as Side Walk Talk). At 9:25pm, I said goodbye to my husband and drove down the street to a local bar where Kate said she'd be hanging out until their 11:00pm show time. As I nervously walked into the nearly empty bar, I saw Kate and she said, "Let's get a beer."

"So," I said in my official reporter's voice, "Tell me how you got started singing."

Kate: I've been singing with my dad (and my little sisters) for as long as I can remember. When I was twelve people decided that I needed voice lessons like I was going to evolve into this really talented opera singer—but that never happened. I'm lucky for the training though, because the classical foundation ended up paying for my college by way of choral and musical theater scholarships.

Stacey: How did you and (your husband/bandmate) Corey meet?

Kate: I had a boyfriend for a really long time and Corey dated his sister. We both went on a lot of family vacations with them where they would leave us out of what was going on. So we would be left talking and it was awkward for both of us. We all broke up around the same time. Then I ran into him a year later with Andrew (McColgin who plays guitar in the band) and the three of us started hanging out, but there was nothing romantic going on between any of us. I lived in Midtown by myself and I got robbed—like everything I owned. My dad wanted me to move to Collierville, but he and Corey made some arcane deal and I ended up moving in with Corey and Andrew. Eventually I told Andrew that I had a crush on Corey and he said, "I think he might have a crush on you too." So we started dating seriously within a week and eight months later we were married—and still living with Andrew!

Stacey: So you started the band while you were all living together?

Kate: Corey and Andrew already had a "band," but the band had no name and no songs. The songs consisted of two notes that went on for ten to twenty minutes. Even though I'm not this great musician, I was like, "We need to establish some structure here. You know, like a song should be verse, chorus, verse, chorus, bridge... and under three minutes and fifty seconds." Me joining the band definitely made it more of a band and less of a jamming session. Then

"Kate" continued

we strategically tried to get Joey (Pegram, the band's drummer) to come over and play with us by offering him free food. It was like, "Andrew, make some hot wings and call Joey!" We didn't know if he'd want to play with us since none of us had been in a band before and he had been in several. The bass player from the Grifters would come over too and we'd all get nervous. My hands would shake when I played piano.

Stacey: I read in the Memphis Flyer that you got a book and taught yourself to play piano. Is that right?

Kate: I realized I was spending too much time thinking about what other musicians should be doing with their bands or songwriting so I went to the library and checked out a bunch of musical theater scores (for the piano) since I was familiar with how they were supposed to sound, and practiced the heck out of them for a few months.

Stacey: And you do most of the song writing?

Kate: Corey talked me into using some of the songs I had written. On our first album, Residential Llama, I did about 80% and Andrew did about 20%. Corey and Joey each have one song. A lot of times Corey will say, "Your lyrics are awful," and change them. He's definitely the poet of the two of us. I'm a little too narrative and literal. Most of the songs are about things I go through at work or other things that really happened. On our next album, the song writing will be much more evenly distributed between all five of us.

Stacey: So you're pretty young—25—when did you get married and start your family?

Kate: Between being 21 and 22 I got married, graduated from college, had a baby that summer, got my first job, and bought a house. So I was 18 one minute and then I was 35. I was like, "Wait a minute, how did all that happen?" It happened really fast.

Stacey: So were y'all planning on having kids right away or..

Kate: Corey was! We were at El Porton one night—we had been dating for like three weeks—and it was really informal and he just looked at me and said, "Let's have a baby right now." I was like, "Wait a minute, we're not even married yet. Give me two years." Then eight months later I was pregnant. It wasn't planned, but it was good!

Stacey: Did Corey always envision himself as a stay-at-home-dad?

Kate: Yeah. His dad was home a lot—he was a painter too. He sort of shies away from any kind of 9 to 5 job. Which is good, because I really wanted to work. Corey is an architect, a painter, and a sculptor all rolled up into one. He's a really great artist.

Stacey: So how do the two of you balance two kids (Oliver 2, and Polly, eight months), a band, your career, Corey's art...

Kate: It doesn't leave a lot of "me time." I generally wake up at 4:30am and go to work. I usually get home by 3:00pm, which is good. I give Corey an hour to relax when I get home. I know my job (as a World History teacher at a middle school) is stressful, but I know it's stressful for him too. We switch roles in the summer so I have a really good feel for what it is like to be home with the kids all day. Corey paints at night, or sometimes he works at Huey's. I never do work at home. I try to spend all my time with the kids. I have a system at work like you wouldn't believe to get my papers graded. I'm a great teacher. I teach World History but we have fun. I incorporate music and dancing and art and different activities.

Stacey: So is being in Two Way Radio the only thing you and Corey get to do together?

Kate: Um...yes. Corey and I really enjoy playing music together. When we play a show we get a

"Kate" continued

babysitter. We practice once a week—during the day, for babysitting purposes—on Sunday for about 4 hours. The band members' wives and girlfriends are like an extension of our family. They really help out with the kids. We try and only do gigs once every two weeks—everyone in the band is pretty busy. When the children go to bed, Corey and I practice together. Even when the kids are there, we play music together and write songs. The kids each have a piano and they play along. Oliver loves the drums, and the keyboards, and even the guitar. Polly is the one who likes the piano. She crawls over to it, pull herself up and plays for like ten minutes at a time.

Stacey: Other than playing at Shangri-La and at the Rock-n-Romp, have the kids gotten to see you play?

Kate: I try to book as many daytime shows as possible.

Stacey: I wish there was a Rock-n-Romp every week.

Kate: I do too!

Stacey: How does being a parent help you with the band? Does it ever get in the way?

Kate: The biggest way that parenting helps the band definitely manifests itself in the song writing. As trite as it sounds, there is nothing more inspirational or gut-rippingly emotional than learning how to be a parent. I've got a lot of emotions to write about now.

Another way that being a mom helps... it puts things into perspective. I don't walk around thinking that I have to do all these things before "I settle down and have kids." Now, I really feel like I have all the time in the world to make and enjoy music. It put a stop to that feeling of deadline for all things artistic and youthful. I'm glad to feel responsible and needed, while maintaining a slightly subdued wild side.

It also helps me to prioritize time. Being so busy (parenting, working, marriaging, socializing) makes me really appreciate and want to create time in which I can play or write music.

Of course, though, it definitely gets in the way of scheduling and running the business aspect of the band. That part I definitely hate. People in bands know it's hard to get four or five people together to tour, to play shows, or to even practice—because everybody has jobs and girlfriends. BUT throw the coordination of two babysitters, wives/in-laws, and the situation only worsens. Corey and I have been so lucky to have family that really want us to play music, and are so helpful with the kids while we are doing it.

Being a mom makes touring really, really difficult. I would have a hard time being away from my kids for more than a couple of days. AND, babies really weren't made for a pauper's road trip. So the verdict is still kind of out on touring.

Stacey: What advice would you give other women who are mothers and musicians?

Kate: I would advise them to live close to their families. Oh, and it doesn't hurt to be married to the bass player.

Two Way Radio's CD is Residential Llama. Get your copy via http://www.myspace.com/walkietalkieband

How to play Drums

by Toby Vail from Bikini Kill & Kill Rock Stars

I started playing drums when I was 12 years old. My dad was a rock and roll drummer. Before that, my grandad was a country music drummer. There was a drum set in my living room when I was a little girl. My sister and I would watch my dad play along to records. I wanted to play the drum set, but my feet wouldn't touch the foot pedals. My dad showed me some tips to prepare me for the day when I would be tall enough to play his drums. Here are some things I remember learning from my dad:

1. When you listen to a CD or a song on the radio, try to listen to only the drums. Try to identify the snare drum. Try to identify the bass drum. This could take some practice, but as you learn what a snare drum and a bass drum sound like it will become easier. Listen to the same song over and over again until you can hear the drums parts clearly. It's a good idea to pick a song you like a lot so it doesn't get annoying.

2. What is the snare drum doing? Use your snare drum hand (your left hand if you are right-handed, your right hand if you are left-handed) to tap along with the snare. Listen to the song again. Tap along for the whole song. Repeat.

3. What is the bass drum doing? Tap along with your foot use your bass drum foot (your right foot if you are right-handed, your left foot if you are left-handed) to tap along with the bass drum. Listen to the song again. Tap along for the whole song. Repeat a few times.

4. Can you tap along to the snare drum and the bass drum at the same time? Tap along to the song over and over again until you can. The best way to do this is sitting at a table or desk.

5. OK. Now you can do two things at once. You are getting the basics down. The key to drumming is being able to do three things at once without speeding up or slowing down. This can be tricky and at this point you will probably need someone to show you what to do with your right hand, because the right hand (or left hand if you are left-handed) is a little harder to hear at first. The right hand is probably playing a cymbal or a floor tom. The right hand taps along with the snare but it is usually going twice as fast as the left hand. Sometimes it is going four times as fast as the left hand. If you can't tell what the right hand is doing in your song, ask someone who plays music if they can help you identify what the right hand is doing. If you don't know anyone who plays music, try to get a video that shows the drummer playing live and watch it over and over again until you figure it out.

6. Practice doing three things at once. If possible, use drumsticks. If you can't play the song you are tring to learn yet, try this: count '1 2 3 4, 1 2 3 4, 1 2 3 4' over and over again. Your bass drum foot taps on the 1 and the 3. Your snare hand taps on the 2 and the 4. Try tapping your cymbal hand on every beat: 1 2 3 4, 1 2 3 4. If this sounds confusing, show this to someone who plays music and ask them to help you with this. Practice this over and over and over again trying not to slow down or speed up. You can add and subtract things to this formula to come up with all kinds of different beats but remember, the most important thing about drumming is being able to keep time.

Once you get this down, you are ready for the drum kit!

7. Repeat steps 1-6 from behind the drum kit. You can play drums!

For some people drumming is pretty easy and it doesn't take much practice to get the basics down. For other people it could take a few weeks or even months of practicing ever day to be able to play three things at once. If you are one of those people, don't freak out. It just means you will have to work a little harder. I have faith in you. If you want to play drums, you can learn to play drums. Just because it takes more work for some of us than it does for others doesn't mean you should give up. Be patient and keep practicing. Music is for everyone.

An Article On Feminism

a.k.a When Barbara Pretends She Knows What She's Talking About

When I looked up the definition of feminism on the internet (how new school is that?) it gave two definitions:

1.The theory of the political, economic, and social equality of the sexes
2.Organized activity on behalf of women's rights and interests

No mentions of angry, man-hating, hairy legged, short haired, butch lesbians burning bras, which I consider to be the stereotype that the title "feminist" carries. It's safe to say that stereotypes aren't something we should base our perception of people on/ A feminist could indeed be an angry, man-hating, hairy legged, short haired, butch lesbian, or she could be a prim and proper business suit wearing C.E.O. of a company, or a stiletto wearing fast talking girl from the Valley or...(you see where I'm going). A feminist can be any woman (or man) and that's a very great wonderful thing. Why? Because that means anyone can care about the issues that women face in today's society, and the more people that care, the more people to do something about it, and the more people that do something about it, the more change we'll see.

In this age of pant wearing, working, single mom, and voting women do we really need change? The answer is yes, of course we do. There is still an idea shared by both genders that this is a male dominated society. Even now many women feel as if they have to work twice as hard to achieve the acceptance that seems to come so easily to the opposite sex. With the pressures put on by the media, society, males, and other women, it feels as if we are taking one step forward and two steps back.

Images on T.V., in magazines, and movies depict false unrealistic images of women. There is a pressure to live up to these standards, that we often create ourselves, due to those images. The catch is, it is impossible to live up to them, not because you can't lose enough weight, dye your hair enough, wear the right clothes, or say the right thing, but because these images are an idea, a fantasy. And like any fantasy it's based upon the idiom people want what they can't have. Basically, if you achieve that "standard" chances are it's already changed, and "they" (the media, society) don't think you cut it anymore. So you have to change again. Do you want to spend the rest of your life chasing that? I didn't think so.

So the question is, what can you do? Most of you are between twelve and seventeen and probably most of the issues women face today don't affect you, however you are never too young to start caring about your rights and you are definitely not too yound to care about your place in the world. Feminism is about owning who you are, what you are, accepting it, and embracing it. You don't have to make huge protests or go hunt down every man that ever made a misogynist comment to you (because that would take a life time), but you can be proud of who you are and not compromise that to fit in to someone else's idea of you. You can influence people in the best ways just by being yourself.

So go out there, make some noise, stir it up, and rock!

by Barbara Karney, Camper

Reprinted from "One Day When I Was Driving and Listening to Yanni I Hit A Possum," a collaborative zine created by campers in the zine making workshop at SGRRC in 2005.

Playing Piano/Organ

By Kori Gardner Hammel from Mates of State

I started playing piano on the first morning my parents put one in our home. I learned Peter Peter Pumpkin Eater and then made my own renditions of that song. I'd make everyone gather around to hear my "made up" songs. In high school my friends and I sat around and wrote songs about people we had crushues on or people who bbroke our hearts. I was never good at learning the songs my teacher gave me, and I hate learning theory. I just wanted to make stuff up and not analyze music at all. Having a few people around who cared about the songs and wanted to listen and sing with me was all I need at the time. However, years of mandatory (by Mom) lessons led to my slight hatred and embarrassment of the piano. It was, in my eyes, a geeky instrument. I just wanted to rock and not have someone tell me how to play. So when I left for college I bought a guitar. I played in a few bands, wrote some songs and then accidentally discovered the Yamaha Electon YC 45, the organ I play now.

I bought it off of some guy who was selling all of his intstruments in exchange for backpacking gear. I couldn't find many people who liked carrying it, so it sat in my basement for a few years. I used it for some home recordings and basically liked spooking out the upstairs neighbors- it sounded like a haunted church when you heard it played in the basement. I loved the organ at first because I could play really loud bass on one hand and trebly parts with the other. I also loved the sound effects I could make with the organ's portamento strip.

When I met Jason (bandmate) he and I were in local rock bands playing bass and guitar. Just for fun one night we played an open mic with a few psuedo songs on the organ and drums. It was the most fun I had ever had playing. I guess that's why it became the band we're in now, Mates of State. It's just one organ, one drum set and two voices. It's simple and intimate and now I love the piano. It's a percussion instrument that you can play bass and treble on. It's many things rolled into one. I thanked my mom a couple of years ago for making me continue with piano lessons. It made it easier to learn other instruments. Plus, I can play the organ better than I can play the guitar. Playing a nontraditional rock band instrument made me realize you can't ever really be geeky as long as you love it.

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GUIDEBOOK 2007

This year's guidebook was designed by Cara Charlton (with help from Rae Hartsock) and illustrated by Heather Moulder.

Printing of this year's guidebook was made possible by Ashley at Office Depot.

THANK YOU SO MUCH!!!

Cara Charlton can be contacted by email at
andheartscara@gmail.com

SGRRC would like to THANK...

Concert Productions, Rose Intergrated Services, Middle Tennessee State University

Ludwig Drums, Chambers Guitars, Fork's Drum Closet, Luna Guitars, Loews Vanderbilt Hotel

Jonathan Fletcher Music, Grand Palace Silkscreen, Office Depot in Brentwood, Grand Palace Records, Pre To Post Modern, Kathleen Therrien, YEAH Board of Directors

Kelli Morris, Lauren Wray Grisham, Katy Dougherty, Jane Powell, Jennifer Getz, Nicole Tekulve, April Eubank, Ashley Rigby

Without you, this year's camp would not be possible!

why volunteer?

"As a teenager in Memphis, TN, I spent my weekends camping out for concert tickets with a pair of drumsticks in my hands and big dreams in my heart. With an AC/DC cassette tape, I taught myself how to play the drums and I did not look back. It was not an easy road as a female metal drummer – but I made it happen! I cannot think of a better opportunity to utilize my time and bizarre combination of talent than to offer my experience to girls that are just like I was. I have a bumper sticker that says, "People who abandon their dreams will discourage yours." I am determined to be the type of human being that inspires, encourages, and motivates others, and the Southern Girls Rock & Roll Camp would provide this opportunity."

Amanda Wood, 1st year volunteer, Memphis SGRRC

"I want to volunteer at SGRRC because I want to help increase the number of women in music. I want to help promote positive body image. I also think encouraging young people to play music is something worth spending time on. Not to mention, I just love Southern Girls Rock & Roll Camp!"

Jessi Wariner, camper alumni of 4 Years, 1st year volunteer, Memphis & Murfreesboro

"First off it sounds fun. I think that music and art in general are among the most important but neglected things in modern America. I also feel that most kids get a pretty bad introduction to music; ie. they have to learn a certain method and that rock (or non-classical) are not viable musical forms. To me this is exactly the opposite of what music is about. Also, my own daughter is 5-years-old. I hope that when she is old enough to attend the SGRRC that it will be well-established in the Memphis area."

Doug Walker, 1st year volunteer & future camper dad, Memphis SGRRC

"When I heard about SGRRC from a fellow derby girl my first thought was – I have to be involved in this! I want to be a role model. I want to show young people in my community that they can resist drugs, violence, and all the other negative influences around them. Girls need strong and confident women to model themselves after. They need women who are artistic individuals and successful at the things they choose to pursue in life! Girls need an outlet and they need women they can trust to help them find ways in which they can express themselves!"

Samantha Pinegar, 1st year volunteer & Memphis Roller Derby Girl

"I was really excited to hear about the Southern Girls Rock & Roll Camp. I recently started an event called Memphis Rock-n-Romp that brings live music to parents in a kid-friendly atmosphere. I am very enthusiastic about fun projects that provide meaningful learning experiences for children and make Memphis a cooler, hipper place in which to raise them."

Stacey Greenberg, 1st year volunteer, Memphis SGRRC

about Southern Girls Rock & Roll Camp 2007

MURFREESBORO

SGRRC is a program that encourages young women in music and is part of Youth Empowerment through Arts & Humanities (YEAH), a nonprofit organization that supports young people in the arts.

The mission of the Southern Girls Rock & Roll Camp (SGRRC) is to support a culture of positive self-esteem and collaboration among girls while building community through music. SGRRC recognizes the potential of every young woman to be a strong, talented, creative and empowered individual while providing a safe space WHERE ALL GIRLS ROCK!

SGRRC accomplishes this by offering music instruction for girls ages 10-17 and workshops in related skills such as songwriting and recording. Campers attend panels and performances by women in music. The coolest part of camp is that the girls get to form bands and perform at the end of the week!

The Southern Girls Rock & Roll Camp was founded in 2003 in Murfreesboro, Tennessee by Kelley Anderson after she was inspired by a similar program in Portland Oregon. This summer is the fifth year of camp and we are celebrating this success by offering a week in Murfreesboro and Memphis.

YEAH recently recieved its official nonprofit determination letter from the IRS. 501(c) status means huge things for the campin terms of sustainability and growth in the future: SGRRC is now eligible for grants and all contributions are tax deductible.

As a nonprofit program supported on the strengths of volunteers and donations, your support is needed to sustain the program for future generations of young women. Please consider getting involved or making a in-kind or monetary donation. Your support is greatly appreciated.

To learn more about Southern Girls Rock & Roll Camp, visit www.sgrrc.org. To learn more about YEAH visit www.artsempoweryouth.org.

YOUTH CULTURE & ARTS CENTER

AN ALL AGES VENUE, COMMUNITY AND RESOURCE CENTER

The mission of the Youth Culture & Arts Center (YCAC) is to provide a safe and positive atmosphere for young people to create and experience the arts. The YCAC will help build character in our youth by providing positive role models and access to the tools and technology used in various art disciplines. While focusing on programs for young people, the YCAC will also serve as a community and arts resource for people of all ages.

You can find out more about YCAC at www.youthculturecenter.org!

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